

FOOTBALL PRESEASON TRAINING

- February / March / April

February 2010

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 Training session 6.15pm Harry Trott	2	3 Training session 6.15pm Harry Trott	4 Training session 6.15pm Harry Trott	5	6	7
8 Training session 6.15pm Harry Trott	9	10 Training session 6.15pm Harry Trott	11 Leo Berry Gym Richmond (2H A5) Behind Richmond Police Station	12	13	14
15 Training session 6.15pm Harry Trott	16	17 Training session 6.15pm Harry Trott	18 Training session 6.15pm Harry Trott	19	20	21
22 Training session 6.15pm Harry Trott	23	24 Training session 6.15pm Harry Trott	25 Leo Berry Gym Richmond (2H A5) Behind Richmond Police Station	26	27	28

March 2010

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 Training session 6.15pm Harry Trott	2	3 Training session 6.15pm Harry Trott	4 South Wharf City Details TBC	5	6 Long weekend	7 Long weekend
8 Long weekend	9 Training session 6.15pm Harry Trott	10	11 Training session 6.15pm Harry Trott	12	13 Camp @ Tarwim Lower – Cape LipTrap 12noon Start	14 Camp 1.00pm Finish
15 Long weekend	16 Training session 6.15pm Harry Trott	17	18 Training session 6.15pm Harry Trott	19	20 Practice Match Brighton Venue TBC	21
22	23 Training session 6.15pm Wesley St Kilda Road Front Turf	24	25 Training session 6.15pm Wesley St Kilda Road Front Turf	26	27 Practice Match De La Salle Venue TBC	28
29	30 Training session 6.15pm Harry Trott	31				

April 2010

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1 Internal Practice Match @ Harry Trott	2 Easter	3 Easter	4 Easter
5 Easter	6 Training session 6.15pm Harry Trott	7	8 Training session 6.15pm Harry Trott	9	10 First Games V Old Xavs Harry Trott	12